



Group Health Cooperative National Summit on Opioid Safety

Strategies and Tools for More Cautious Use of Chronic Opioid Therapy

EVENING SESSION: October 31, 2012 • 6 p.m. – 8:30 p.m.

ALL-DAY SESSION: November 1, 2012 • 8:30 a.m. – 5 p.m.

LOCATION: [Cedarbrook Lodge](#) • Seattle, WA

Learn the state of the science on opioid risk mitigation from leaders in the field



Roger Chou, MD, MPH
Oregon Health & Science
University

Keynote Address: The state of the evidence on chronic opioid therapy and risk mitigation



Jane Ballantyne, MD, MPH
University of Washington

Keynote Address: Principles for more cautious and selective opioid prescribing for chronic non-cancer pain

Get your questions answered by national experts

Conference faculty will share insights from successful chronic opioid therapy (COT) safety initiatives. Hear from leading COT researchers, health care leaders, and clinicians with expertise spanning primary care, pharmacy, pain management, practice change, and physician education, including:

- Gary Franklin, MD, Washington State Department of Labor and Industries
- Erin Krebs, MD, MPH, Minneapolis VA Healthcare System, and University of Minnesota School of Medicine
- Andrew Kolodny, Physicians for Responsible Opioid Prescribing, and Maimonides Medical Center
- Mark Sullivan, MD, PhD, University of Washington
- Michael Von Korff, ScD, Group Health Research Institute
- And many others! See page 4 for a complete list of conference faculty.

All attendees receive tools to help make opioid prescribing safer

- A patient care plan and treatment agreement (can be used with electronic medical records)
- Patient education materials describing risks and benefits of COT in plain language
- A sample online clinician education program
- Washington State COT guidelines and a sample clinical guideline

Who should attend?

Health care professionals responsible for COT quality improvement and clinicians who want to change practice in their settings

Register online at:

www.eventbrite.com/event/3628531034

\$315 on or before September 15, 2012
\$400 after September 15

Accommodations at Cedarbrook Lodge:
\$169 per night + tax (make reservations at www.cedarbrooklodge.com by October 1 using conference code "GROUP")

**Save \$85 when you register on or before September 15!
Space is limited, so please register early.**

October 31, 2012

6 p.m. – 8:30 p.m.

OPENING SESSION • Why the status quo is not an option

6:00 – 6:10 **Welcome**
Michelle Seelig, MD, and Michael Von Korff, ScD

6:10 – 6:25 **Opioids for chronic pain: Why the status quo is not an option**
Michael Von Korff, ScD

6:25 – 6:45 **Patient perspectives on pain medications**
Debra Nelson, MA

6:45 – 7:15 **KEYNOTE ADDRESS: State of the evidence on chronic opioid therapy and risk mitigation**
Roger Chou, MD, MPH

7:15 – 8:30 **Socialize with other participants over dinner**
Sit down dinner with buffet service

November 1, 2012

8:30 a.m. – 5:00 p.m.

MORNING SESSION 1 • Changing chronic opioid therapy management

8:30 – 8:50 **KEYNOTE ADDRESS: Principles for more cautious and selective opioid prescribing for chronic non-cancer pain**
Jane Ballantyne, MD

8:50 – 9:10 **Essential elements of COT guideline implementation**
Grant Scull, MD

9:10 – 9:30 **Standard pharmacy work supporting COT guideline implementation**
Rivka Klaff, PharmD

9:30 – 9:50 **The role of leadership and the Rapid Process Improvement Workshop**
Claire Trescott, MD

9:50 – 10:15 **Questions and discussion**

10:15 – 10:45 **Break**

MORNING SESSION 2 • Clinical issues in COT risk mitigation

10:45 – 11:05 **Barriers to opioid monitoring in primary care**
Erin Krebs, MD, MPH

11:05 – 11:25 **Standard work and tools for managing patients on COT in primary care**
Michelle Seelig, MD

11:25 – 12:00 **Practical strategies for avoiding dose escalation and for tapering COT when indicated**
Mark Sullivan, MD, PhD, and Hannah Burdge, DO

12:00 – 12:15 **Questions and discussion**

Working lunch

12:15 – 1:30 **Industry influence on opioid prescribing and professional advocacy for increased safety**
Andrew Kolodny, MD, and Gary Franklin, MD, MPH
Lunch served at 12:15. Lecture begins at 12:40.

BREAKOUT SESSIONS • Choose one. Sessions repeat at 3 p.m.

SESSION A: Achieving system change to mitigate COT risks
Randi Beck, MD; Andrew Bertagnoli, PhD; Rivka Klaff, PharmD; Grant Scull, MD; Mark Stephens; Claire Trescott, MD; and Michael Von Korff, ScD

1:30 – 2:30 **SESSION B: Working with COT patients and overcoming barriers to safe prescribing**
Jane Ballantyne, MD, MPH; Marie Boudreaux, MD; Hannah Burdge, DO; Erin Krebs, MD, MPH; Tony Mariano, PhD; Debra Nelson, MA; Michelle Seelig, MD; and Mark Sullivan, MD, PhD

SESSION C: Policy and public advocacy
Gary Franklin, MD, MPH, and Andrew Kolodny, MD

2:30 – 3:00 **Break**

3:00 – 4:00 **Repeat sessions A, B, and C**

Close of conference

4:00 – 4:20 **Discuss next steps: Forming a learning network to share what works and what doesn't**
Facilitated by Michelle Seelig, MD, and Michael Von Korff, ScD

4:20 – 5:00 **Reception**
No-host bar and informal discussion

Conference Faculty

Jane Ballantyne, MD, MPH

Professor, Anesthesiology & Pain Medicine
University of Washington

Randi Beck, MD

Chief of Physical Medicine & Rehabilitation
Group Health Cooperative

Andrew Bertagnolli, PhD

Health Psychologist
SpineCare Medical Group

Marie Boudreaux, MD

Physical Medicine & Rehabilitation Physician
Group Health Cooperative

Hannah Burdge, DO

Doctor of Osteopathy, Family Medicine
Group Health Cooperative

Roger Chou, MD, MPH

Internal Medicine Physician
Associate Professor of Medicine
Oregon Health & Science University

Gary Franklin, MD, MPH

Medical Director
Washington State Department of Labor and
Industries

Rivka Klaff, PharmD

Pharmacy Coordinator
Group Health Cooperative

Andrew Kolodny, MD

President
Physicians for Responsible Opioid Prescribing
Chairman, Department of Psychiatry
Maimonides Medical Center

Erin Krebs, MD, MPH

Internal Medicine Physician
Minneapolis VA Healthcare System
Associate Professor of Medicine
University of Minnesota Medical School

Tony Mariano, PhD

Psychologist
VA Puget Sound Healthcare System

Debra Nelson, MA

PsyD Doctoral Candidate
Alliant International University/CSPP - SF

Grant Scull, MD

Family Medicine Physician
Assistant Family Practice Residency Director
Group Health Cooperative

Michelle Seelig, MD

Family Medicine Physician
Medical Director, Clinical Knowledge & Support
Group Health Cooperative

Mark Stephens

Principal
Change Management Consulting, LLC

Mark Sullivan, MD, PhD

Professor, Psychiatry & Behavioral Services
University of Washington

Claire Trescott, MD

Medical Director, Primary Care
Group Health Cooperative

Michael Von Korff, ScD

Scientific Investigator
Group Health Research Institute



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*Application for CME credit has been filed with the American Academy of Family Physicians.
Determination of credit is pending.*

This conference is co-sponsored by the Group Health Foundation, Physicians for Responsible Opioid Prescribing, and the University of Washington Department of Family Medicine's Project ROAM: Program of Excellence in Rural Mental Health and Substance Abuse Treatment Sub Award Number 109212-G002562